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Anesthesia Pain Management  
Prolotherapy

**Nutritional Protocol for Prolotherapy**

<i>Nutrient</i>	<i>Daily Amount</i>
<b>Cosamin</b>	
<b>Glucosamine Hydrochloride</b>	500mg per capsule 1 capsule three times a day
<b>Chondroitin Sulfate</b>	400 mg per capsule 1 capsule three times a day
<b>Vitamin C (Buffered or Ester) 1000mg</b>	1000 mg 2 times per day
<b>Multiple Vitamin Mineral Supplement</b>	As Directed
 <i>Optional:</i>	
<b>MSM (methylsulfonylmethane)</b>	4000 mg twice a day